

Ubabalo Coaching for Life (CFL)

Description:

CFL is a 16-session Ubabalo whole life coaching resource for soccer coaches to help young players discover 'God the Father' through sport, biblical values, and story-telling.



Objectives:

- A concept to utilise sport techniques/skills during sports coaching to transition to life skills, leadership and sound Biblical values
- To train the coach to address the crisis of fatherlessness experienced globally
- A weekly on-the-field disciple-making resource for coaches to engage young sports people in values and worldview transformation through Bible engagement

Target Audience:

Soccer players between 9-13 years old

How to Organize/Implement:

- i. Identify soccer coaches from your network church, ministry and sport partners
- ii. Invite them to an Ubabalo Level 1 training (9-12 hours)
- iii. Use 8-12 Discovery Group discussion sessions to facilitate on-going mentoring support for the coaches

Equipment/Resources Needed:

- Essential: You can download all resources for free at www.ubabalo.com
 - CFL Trainer manual and powerpoint
 - CFL Coach manual (16 sessions)
 - CFL Player cards (16 cards)

Extras:

- Ubabalo Sports sessions for youth - *20 different sports*
- Ubabalo Sports sessions for kids - *invasion games, soccer*
- Ubabalo Videos and Ubabalo Audio
- Max7 Mobile App:
 - iTunes store: <https://itunes.apple.com/app/max7/id566634645?mt=8>
 - Google Play: <https://play.google.com/store/apps/details?id=com.subsplash.thechurchapp.logosdor>